

MARY SORENSON mksoren@ix.net.com
DELECTABLE PATHWAYS

www.maryappliques.com

Hand appliqué your own version of this graceful traditional quilt. Mary is a master at needle-turn appliqué and her week will be full of tips and techniques to help you achieve balance and unity in combining appliqué and piecing. Master hand techniques of sharp points, smooth curves and perfectly rounded circles. Learn layering without bulk, color skills and precision placement. If hand appliqué has been on your “want to do” list, Mary’s class is for you.

There are two size options for stitching your own **Delectable Pathways** quilt. The quilt is designed to be twin size, approximately 59” x 79” or a small wall quilt size, approximately 38” x 51” . The piecing and appliqué are identical on both quilts. The larger quilt has simply been enlarged to 1 ½ times the size of the smaller quilt. Choose the quilt size you would like to stitch. Mary will need to know which size quilt you have selected about one month before class.

Fabric Requirements:

All fabrics should be 100% cotton—no blends—washed and pressed.

Appliqué Fabrics:

Appliqué background fabric- 2 yards for 40” x 50” wall quilt (cut one panel 9” x 55” from this fabric before coming to class) OR 3 ½ yards for 60”x80” quilt (cut one 13” x 84” panel from this fabric before coming to class).

IMPORTANT: If you are unable to see through your appliqué background fabric to trace, you will need a small light table and an extension cord or **Saral Transfer** paper.

Appliqué stems: (warm brown, black or green print): ¾ yard for wall quilt **or** 1 yard for large quilt

Appliquéd flowers and leaves: assemble a collection of fabrics for leaves and flowers, including a variety of prints and a wide range of values, textures and types of prints. Avoid small scale, multi-color prints. The types of prints that are most effective are tone-on-tone, or two color type prints. You don’t need large pieces of each fabric, but bring LOTS! (really, LOTS!) You may also wish to bring a “theme” fabric or special fabric that you would like to incorporate in this project.

Avoid small scale, “busy” prints, include a variety of textures, values and scale in the prints you choose for appliqué.

Piecing Fabrics:

Don’t worry too much about choosing fabrics for piecing. We will discuss options in class.

Fabric option #1: The quilt is done in a loosely planned scrap style. The pieced strips consist of large and small right triangles cut from 54 assorted prints.

Fabric option #2: Rather than being completely scrappy, the quilt is a controlled scrap quilt, and uses an inspiration fabric for the large pieced right triangles. This fabric is a toned medium value, multi-color print. For the small pieced triangles, fabrics were chosen that relate closely to the inspiration fabric (again, toned, medium value, low contrast prints.)

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Wall quilt (38"x51")

Large quilt (59"x79")

PIECED TRIANGLES, LOOSELY PLANNED SCRAP VERSION

Assorted fabrics for large
& small pieced triangles

54 asst. 6"x 6"

54 asst. 6" x 9"

-OR- PIECED TRIANGLES, CONTROLLED SCRAP VERSION

Large pieced triangles,
If using one "inspiration" fabric:

$\frac{3}{4}$ yard

1 yard

Small pieced triangles

45 asst. 4"x5" scraps

45 asst. 5"x7" scraps

Additional Supplies:

- Small sheet of template plastic, permanent marker and scissors to cut plastic
If background fabric is dark, you will need a light box and extension cord or Saral transfer paper.
- Sewing thread to match each appliqué fabric
- Small ruler with 1/8" markings (or Mary Sorenson's Skinny Stem Tool—available on Mary's website or in class)
- Mechanical pencil or sharp hard lead pencil
- Sharp yellow and silver pencils for marking fabric (I prefer the new colored mechanical pencils in yellow, or Sanford Verithin colors # 735 & # 753 or Quilter's Silver and Quilter's Yellow pencils by W. H. Collins)
- Very fine silk pins
- Small scissors (embroidery size) that will cut fabric. Gingher G5 (not 5" craft) are perfect
- Plastic template for drawing multiple sizes of circles $\frac{3}{4}$ " and smaller is very handy if you have one (or Mary's Skinny Stem Tool)
- Pencil Sharpener
- Small paper bag for trash
- 1 $\frac{1}{2}$ -2 yards flannel (optional) to cover design wall
- Tabletop light and extension cord (optional)