

**Supply list for:  
SEDONA STAR**

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From a traditional Carpenter's Wheel block (either 18" or 36") explore the design and color opportunities offered within these classic traditional lines. Learn how to fracture shape and space to create your own unique design. Add your personal colors and precision techniques with templates and rotary cutting. Let Sally show you techniques to advance and improve your creative and technical skills as well as how to critique and correct your own work.

Our days together will be spent discussing color, design and sewing techniques combined with hands on designing, coloring and sewing. You may bring your machines to the classroom, but you do not need to set them up immediately.

There are five design areas in my design (based on the Carpenter's Wheel block). –1. the background, 2. the small inner eight pointed star surrounded by a circle of eight triangles, 3. a middle star (16 split points), 4. an outer star (24 split points), and 5. a circle of 24 triangles

Following basic medallion style quilt principles, all your color (not necessarily fabric) will be established in the inner star area and then echoed in the other areas. You could choose your color scheme from a palette fabric, an object, or anything that inspires you and has beautiful colors in it. My only suggestion is that you keep the number of colors to a minimum. My sample is simple a gold background, red star points and accents of periwinkle blue and turquoise. Once you choose your basic colors, *stretch* and *expand* them with regard to value, intensity and visual texture. For example, red means anything from pink to deep, dark red including hot pink oranges, orange reds, etc. Many choices are the key. It is also helpful to study the brochure photo to help you identify value placement options.

**Background:** When choosing the background color and fabric, first understand that this color is dominant in the quilt—you must LOVE it. The project quilt uses only one background fabric, but you can easily choose different fabrics and/or values of the same color for the three areas where background appears. Second, know how you think you might quilt it. Do you want to see the quilting? Will you do elaborate or minimal hand or machine quilting? How you plan to quilt will help you decide if you want a printed background or a solid one.

**Star Points:** If you split the star points as I did, the two fabrics used must have high contrast between each other to show dimension. Star point fabrics must also obviously contrast from the background.

**Accent:** These fabrics are used in small amounts, but will be the element that adds that special touch and sparkle. It is so very important. Again, bring choices.

**Basic Tools and Equipment:**

1. 20 inch square flannel covered foam core board
2. one set of Magic Mirrors™ 5 ½" X 5 ½" by Marti Michell for designing (mirrors are critical to this design process and mirrors smaller than this size will be of no help)
3. reducing glass (optional)
4. ungridded, flat template plastic (2 sheets)
5. Exacto™ knife or Olfa Magne Touch™ knife
6. 1/16" hole punch or large needle
7. fabric marking tools (Sharpie™ permanent pilot ultra-fine tip pen, white pencil, lead pencil, etc.)
8. fine pins
9. iron, ironing surface
10. light
11. extension cord
12. sewing machine you do your best work on –with new needle
13. ¼ inch sewing foot
14. sewing machine manual

**Supply List Continued...**

15. appropriate thread (I use DMC™ machine embroidery thread—100% cotton 50/2)
16. paper and fabric scissors (regular size and a small pair for trimming seams)
17. notepaper
18. rotary mats (usual one and smaller one)
19. rotary cutter (usual one and the very small one 18mm)—with replacement blades
20. rulers, squares (I use Omnigrid™ 3" X18" that has a continuous fine black line –1/8" grid all over it; also 4" and 6" squares with same grid)
21. stiletto
22. seam ripper
23. small adhesive sandpaper dots or Invisigrip™ to prevent rulers from slipping
24. masking tape
25. colored pencils (optional)
26. inexpensive compass
27. highlighter marker
28. whatever additional sewing supplies you usually use

**Fabric Requirements:**

Use good quality 100% cotton. The following is based on the 36" design that is pictured in the brochure. The amounts are generous and total. If you are using several different fabrics in the background for example, the yardage will be divided proportionately.

Background—2 yards total

Star Points—Deep Dark-- 1 ½ yards total

Medium Light-- 1 ½ yards total

Accents—3/4 yard of each accent total

Outer border—1 ½ yards, assuming you will cut on length grain

Please feel free to call me if you have questions (925 938-1708) I look forward to our time together filled with learning, fun and fellowship.